

# ELSPETH REID FAMILY RESOURCE CENTRE

255 9<sup>th</sup> Street  
Brandon MB R7A 6X1  
Phone: 726-6280  
OPEN 9:00 am - 5:00 pm  
MONDAY to FRIDAY



## OCTOBER 2009



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			<b>1</b>	<b>2</b>
			<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:30</b> Early Learning Canada  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> Mothers Are People  <b>1:30-3:30</b> How to Talk	<b>9:30-11:15</b> Drop In Playtime  <b>1:30-3:30</b> Childcare/Drop- In
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> Immigrant Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> Parenting Teens	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:15</b> TLC (Family Visits – Supported Access)  <b>9:30-11:30</b> Keeping Peace in the Family  <b>1:00-3:00</b> Healthy Beginnings (Prenatal)  <b>1:30-3:30</b> Raising Your Spirited Child	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-10:15</b> Family Circle  <b>10:45-11:30</b> Family Circle  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> PAST  <b>1:30-3:30</b> OUT Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> How to Talk	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:30</b> Early Learning Canada  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> Mothers Are People  <b>1:30-3:30</b> How to Talk  <b>6:30-8:30</b> Stepfamily Living	<b>9:30-11:15</b> Drop-In Playtime  <b>1:00-3:00</b> Playtime Multiplied  <b>1:30-3:30</b> Childcare/Drop- In
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>CLOSED</b>  <b>FOR</b>  <b>THANKSGIVING</b>	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:15</b> TLC (Budgeting Life skills)  <b>9:30-11:30</b> Keeping Peace in the Family  <b>1:30-3:30</b> Raising Your Spirited Child  <b>7:00-9:00</b> Parenting in a Technological Age	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-10:15</b> Family Circle  <b>10:45-11:30</b> Family Circle  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> PAST  <b>1:30-3:30</b> OUT Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> How to Talk	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:30</b> Early Learning Canada  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> How to Talk  <b>1:30-3:30</b> Mothers Are People  <b>6:30-8:30</b> Stepfamily Living	<b>9:30-11:15</b> Drop-In Playtime  <b>1:30-3:30</b> Childcare/Drop- In

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<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>1:00-3:00</b> Store Open  <b>1:30-3:00</b> Coping With Change  <b>1:30-3:30</b> Immigrant Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> Parenting Teens	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:15</b> TLC (Parenting Styles and Children's Needs)  <b>9:30-11:30</b> Keeping Peace in the Family  <b>1:00-3:00</b> Healthy Beginnings (Postnatal)  <b>1:30-3:30</b> Raising Your Spirited Child  <b>7:00-9:00</b> Parenting in a Technological Age	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-10:15</b> Family Circle  <b>10:45-11:30</b> Family Circle  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> PAST  <b>1:30-3:30</b> OUT Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> How to Talk	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:30</b> Early Learning Canada  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> Mothers Are People  <b>1:30-3:30</b> How to Talk  <b>6:30-8:30</b> Stepfamily Living	<b>9:30-11:15</b> Drop-In Playtime  <b>1:00-3:00</b> Playtime Multiplied  <b>1:30-3:30</b> Childcare/Drop-In
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>1:00-3:00</b> Store Open  <b>1:30-3:00</b> Coping With Change  <b>1:30-3:30</b> Immigrant Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> Parenting Teens	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:15</b> TLC (Ending the Cycle of Hurt)  <b>9:30-11:30</b> Keeping Peace in the Family  <b>1:00-3:00</b> Healthy Beginnings (Prenatal)  <b>1:30-3:30</b> Raising Your Spirited Child	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-10:15</b> Family Circle  <b>10:45-11:30</b> Family Circle  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> PAST  <b>1:30-3:30</b> OUT Support Group  <b>6:00-8:00</b> Mothers & Daughters in Touch (9-11yrs)  <b>7:00-9:00</b> How to Talk	<b>9:30-11:30 &amp; 1:30-3:30</b> Childcare/Drop-In  <b>9:30-11:30</b> Early Learning Canada  <b>1:00-3:00</b> Store Open  <b>1:30-3:30</b> Mothers Are People  <b>1:30-3:30</b> How to Talk  <b>6:30-8:30</b> Stepfamily Living	<b>9:30-11:15</b> Drop-In Playtime  <b>1:30-3:30</b> Childcare/Drop-In

The next series of parenting courses will start in January 2010.

Ask to receive our email of new programs,  
which will be sent out at the end of December.

## Upcoming Events

October 5-11 is National Family Week. This year's theme is Jump Into Family Fun!

The annual Flu Clinic will be held at the Resource Centre on Wednesday, October 28 from 11:30-2:00.

