



Child and Family Services of Western Manitoba
presents

Positive Discipline in Everyday Parenting



Dates ... Wednesdays—September 27, October 4, 11, 18, 25, November 1, 8, 15, 22, 29

Location Boardroom, 247 Wellington Street (basement), Virden

Time 6:30 pm to 8:30 pm (snacks provided) **Note: Childcare not available**

Presenter Angela Hellyer, Rural Programs Facilitator

To Register Call 204-726-6030 or toll free 1-800-483-8980

A ten-week course for parents with children aged 0-17 that:

- *helps* strengthen parent-child relationships
- *enhances* parent/child problem-solving skills
- *promotes* emotional self-regulation of both parents and children